

## PARENT LETTER & PERMISSION SLIP



The **2013 3<sup>rd</sup> Annual THRIVE Conference** will take place on the campus of Portland State University (PSU) from June 24<sup>th</sup>-June 28<sup>th</sup>. **The conference is open to 13-19 year old Native youth across the country.**

The conference is being hosted by *THRIVE*, the suicide prevention program at the Northwest Portland Area Indian Health Board (NPAIHB), the *Life is Sacred Project* from the Native American Rehabilitation Association of the Northwest (NARA Northwest), *Healing Feathers*, a Native student group at PSU, and the Indian Health Service (IHS).

At the conference, participants will learn about the signs of suicide, the impacts of drug and alcohol abuse, how to be a resource for friends and family, and much more. Sessions will incorporate American Indian/Alaska Native culture, traditional learning strategies, and skill-building activities that educate youth about healthy behaviors. Participants will also learn to positively express their emotions and feelings about these challenging topics through interactive, educational workshop tracks. The four tracks are briefly described below:

- **Song Writing and Production:** *Want To Record A Song For A Music CD?* Music Mentor Academies (MMA) will provide recording engineers, producers and musicians during this engaging. Every MMA youth will receive a professionally recorded CD of all the songs created during this week.
- **Digital Storytelling:** This workshop includes: writing and revising a script; learning to use audio, video, and photo editing software; recording a voiceover; selecting photos and music; putting all the elements together to complete the story; and sharing your story with other participants. Teens will receive a copy of their completed, 3- to 5-minute digital story and gain the skills needed to create additional digital stories on their own.
- **Film Production:** Youth will learn about film production and editing from the *Northwest Film Institute*
- **Health & Arts Education:** *The Good Road* is a Native American and Alaska Native youth health and arts education program of Native People for Cancer Control at the University of Washington. This track combines traditional wellness practices, health education and art. *The Good Road* seeks to ensure that Native American and Alaska Native youth live long, healthy and thriving lives. Participants will have the opportunity to create three art pieces including: multimedia, northwest coastal design, and poetry & spoken word.

Registration for the conference is FREE! While the conference is free (including meals Monday – Thursday and half day Friday), travel to and from Portland, OR and lodging are the responsibilities of the youth, families, &/or Tribe. Each group of youth that attends must be accompanied by a chaperone from their community.

**Parent/guardian written permission *and* the youth's signatures are both required *before* he/she can attend.** If you have no objections to the following statements, please sign and return the attached permission slip. It will remain on file throughout the conference. If at any time, you have any questions, concerns or comments regarding the *2013 3<sup>rd</sup> Annual THRIVE Conference*, please feel free to contact Colbie Caughlan at [ccaughlan@npaihb.org](mailto:ccaughlan@npaihb.org) or 503-416-3284.

**PERMISSION SLIP AND PARTICIPANT CONTRACT**

2013 3<sup>rd</sup> Annual THRIVE Conference  
June 24<sup>th</sup>-June 28<sup>th</sup>, 2013



**Teen Rules & Expectations:**

- I will not leave the assigned program area at any time, without permission of my chaperone and my workshop facilitator. I will stay for the duration of the conference unless negotiated with conference staff.
- I will observe established hours set forth by the conference agenda and my chaperone.
- I will not bring or use tobacco, alcohol, drugs (except those prescribed by my doctor), fireworks, firearms, pocket knives, or weapons of any kind. If I see anyone breaking this rule I will report it immediately.
- I understand that public displays of affection can be distracting to the group and it is not appropriate and I will refrain from them.
- I will dress appropriately to the occasion. My language will be appropriate and respectful of others.
- I will be responsible for all my personal property.
- I will respect other’s personal property and personal space.
- I understand that bullying, belittling, disrespecting and putting down others is not allowed at any time.
- I will use personal electronics including cell phones at appropriate times and be respectful of conference workshops, speakers, and activities.
- As a conference participant, I give permission to projects at the NPAIHB, NARA Northwest, PSU Healing Feathers, and the IHS to use my image (photographs, videos) and any quotes I may provide for positive program publicity and other educational purposes. I understand that these may be used in the newspaper, TV and radio announcements, reports/publications, and educational films.

**I certify to the best of my knowledge and belief that all of my statements and answers are true, correct, complete, and made in good faith.**

**Please complete the following and sign.**

**(For parent/guardian):**

I, \_\_\_\_\_, give my permission for \_\_\_\_\_  
Print Name (Parent/ Legal Guardian) Print Teen's Name

to participate in the 2013 3<sup>rd</sup> Annual THRIVE Conference in Portland, Oregon.

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

**(For teen participant):**

I, \_\_\_\_\_, agree to the statements above and will participant in the *THRIVE Conference*.  
Print Teen’s Name

Teen Participant Signature \_\_\_\_\_ Date: \_\_\_\_\_

Please fax to: OR Scan and Email to: **by Monday June 17th**  
NPAIHB Colbie Caughlan  
**Attn: THRIVE Staff** [ccaughlan@npaihb.org](mailto:ccaughlan@npaihb.org)  
503-228-4801